



Mark your calendar. Save the date. Health Assessment Day is coming.

Soon, we'll all have a chance to start living a healthier life. You'll earn up to 1,250* Vitality Points™ and qualify to start earning rewards. Join us. The Health Assessment takes just a few minutes, but good health can last a lifetime.

Date:

Time:

Location:

Contact:

For more information, go to livingwell.ky.gov.

Humana Vitality

LivingWell.ky.gov



*Earning potential for up to 1,250 Vitality Points is calculated as follows: Completed HumanaVitality® Health Assessment (500 Vitality Points) + First Step HumanaVitality Health Assessment, awarded once per lifetime (500 Vitality Points) + HumanaVitality Health Assessment completed within 90 days of HumanaVitality program effective date bonus (250 Vitality Points). Eligibility for bonus 250 Vitality Points expires 90 days after your HumanaVitality program effective date.

HumanaVitality is not an insurance product. HumanaVitality is only available to covered KEHP members. Members must be in Bronze Vitality Status™ or higher to redeem Vitality Bucks®. Your plan is administered by Humana Insurance Company.

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